

Poorabiya Express (PT)/15280 - Exp - ECR
ANVT/Anand Vihar Terminal to SEE/Sonpur Junction
19h 51m - 982 km - 12 halts - Departs Mon,Fri

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|-------------|-----------------------------|--------------|-----|--------------|-----|------|----|-----|------|-----|-----|------|
| 1 | ANVT | Anand Vihar Terminal | | | 17:10 | | | 7 | 1 | 0 | 23 | 207 | NR |
| 2 | GZB | Ghaziabad Junction | 17:43 | | 17:45 | | 2m | 2 | 1 | 13 | 55 | 217 | NR |
| 3 | MB | Moradabad Junction | 20:18 | | 20:23 | | 5m | 0 | 1 | 153 | 56 | 193 | NR |
| 4 | BE | Bareilly Junction | 22:00 | | 22:02 | | 2m | 1 | 1 | 244 | 60 | 169 | NR |
| 5 | SPN | Shahjahanpur Junction | 23:13 | | 23:15 | | 2m | 1 | 1 | 314 | 62 | 155 | NR |
| 6 | LKO | Lucknow Charbagh NR | 01:55 | | 02:05 | | 10m | 4 | 2 | 479 | 46 | 124 | NR |
| 7 | GD | Gonda Junction | 04:40 | | 04:50 | | 10m | 2 | 2 | 596 | 55 | 105 | NER |
| 8 | BST | Basti | 06:27 | | 06:30 | | 3m | 3 | 2 | 685 | 45 | 99 | NER |
| 9 | GKP | Gorakhpur Junction | 07:55 | | 08:05 | | 10m | 5 | 2 | 748 | 54 | 84 | NER |
| 10 | DEOS | Deoria Sadar | 09:00 | | 09:05 | | 5m | 3 | 2 | 797 | 59 | 78 | NER |
| 11 | BTT | Bhatni Junction | 09:26 | | 09:28 | | 2m | 4 | 2 | 818 | 70 | 77 | NER |
| 12 | SV | Siwan Junction | 10:10 | | 10:15 | | 5m | 1 | 2 | 867 | 41 | 69 | NER |
| 13 | CPR | Chhapra Junction | 11:45 | | 11:55 | | 10m | 5 | 2 | 928 | 49 | 58 | NER |
| 14 | SEE | Sonpur Junction | 13:01 | | 13:03 | | 2m | 3 | 2 | 982 | 27 | 56 | ECR |
| 15 | HJP | Hajipur Junction | 13:15 | | 13:20 | | 5m | 2 | 2 | 987 | 50 | 55 | ECR |
| 16 | SPP | Shahpur Patoree | 14:05 | | 14:10 | | 5m | 1 | 2 | 1025 | 37 | 53 | ECR |
| 17 | BJU | Barauni Junction | 15:30 | | 15:40 | | 10m | 4 | 2 | 1075 | 57 | 48 | ECR |
| 18 | BGS | Begusarai | 15:56 | | 15:58 | | 2m | 2 | 2 | 1090 | 60 | 42 | ECR |
| 19 | LKN | Lakhminia | 16:16 | | 16:18 | | 2m | | 2 | 1108 | 44 | 40 | ECR |
| 20 | KGG | Khagaria Junction | 16:48 | | 16:50 | | 2m | 2 | 2 | 1130 | 14 | 39 | ECR |
| 21 | MNE | Mansi Junction | 17:28 | | 17:30 | | 2m | 2 | 2 | 1139 | 49 | 42 | ECR |
| 22 | SBV | Simri Bakhtiyarpur | 18:01 | | 18:03 | | 2m | 1 | 2 | 1165 | 22 | 39 | ECR |
| 23 | SHC | Saharsa Junction | 18:50 | | | | | 2 | 2 | 1181 | - | 43 | ECR |